

## Community Head Injury Resource Services (CHIRS)

62 Finch Avenue West

Toronto, ON

M2N 7G1

Tel: (416) 240-8000

Fax: (416) 240-1149

Email: [chirs@chirs.com](mailto:chirs@chirs.com)

### Directions to CHIRS

CHIRS Head office and Club is located at **62 Finch Ave. W., Toronto**, near the intersection of Yonge and Finch – a short walk from the subway. We are four blocks west of Yonge on the north side of Finch. Our building is at the intersection of Finch Ave. West and Kensington Avenue.



#### Subway/TTC Directions

If you are traveling on the Subway – get off at Finch Station (on the Yonge subway line). Follow the signs for Finch Ave. West. When you exit you will see the Xerox Tower and the North American Centre – stay on the same side of the street and walk west on Finch for four short blocks.

TTC buses travel frequently along Finch and stop very close to our building. **If you are traveling by bus from the east** (Bus 39 Finch East) and prefer not to walk the four blocks, you will need to transfer at Yonge Street to a 36 Finch West bus (any of the 36 buses are suitable) in order to continue west to Kensington Ave. You can get off at either Greenview Ave. (before the CHIRS building) and walk two blocks west OR at Talbot Rd. (past the CHIRS building) and walk two blocks east. **If you are traveling by bus from the west** (Bus 36 Finch West) the nearest stop is Madeline Rd; however, there is no crosswalk at this stop. For safety it is suggested that you either get off one stop earlier (Talbot Rd), cross at the lights to the north side of Finch and walk east to the CHIRS building OR get off one stop later (Beecroft Rd), cross at the lights to the north side of Finch and walk west to the building.

Call TTC information for exact details from your location: 416-393-4636 or use their website at <http://www.city.toronto.on.ca/ttc>.



The Finch Go Bus Terminal is within walking distance to CHIRS Head Office. The Bus Terminal is at Yonge Street and Bishop Ave., just one block north of Finch.

Call 416-869-3200 Toronto local calling area or 1.888.GET ON GO (438-6646) long distance toll free. To visit their website please click on the link below.

<http://www.gotransit.com/publicroot/en/default.aspx>



## **YRT/VIVA/YRT Mobility Plus**

CHIRS is a designated pick up and drop off location for YRT Mobility Plus, York Region's door-to-door shared ride accessible public transit service for people with disabilities. York Region Transit (YRT) service connects all nine municipalities of York Region and gives easy access to Toronto. YRT offers more than 100 routes including conventional services, GO Shuttles and Express services. For more information on YRT's routes and schedules, call 905-762-2100 or toll free 1-866-MOVE YRT (668-3978). To visit their website, please click the link below.

<http://www.yorkregiontransit.com/en/>



### **By Car**

<http://maps.google.ca>

#### **From Highway 401**

- Take Hwy. 401 to Yonge Street
- Exit at Yonge Street and go north
- Follow Yonge Street to Finch Avenue
- Turn left on Finch Avenue
- Turn right on Kensington Avenue

#### **From Highway 400**

- Take Hwy. 400 to Finch Avenue
- Exit at Finch Avenue and go east
- Follow Finch Avenue toward Yonge Street
- Turn left on Kensington Avenue

#### **From Highway 407**

- Take Hwy. 407 to Yonge Street
- Exit at Yonge Street and go south
- Follow Yonge Street to Finch Avenue
- Turn right on Finch Avenue
- Turn right on Kensington Avenue

## Parking

Parking is available, but is very limited. If you have mobility limitations, parking is available directly behind the building off Kensington Ave. Additional parking is available behind the **Danish Lutheran Church on 72 Finch Avenue West** at the very back of the parking lot where CHIRS has 21 spots marked off as reserved in yellow paint. You can pick up a parking pass from the Reception desk at CHIRS to place on your dashboard.

Paid parking is available in the underground garage of the **Xerox Tower** located at **5650 Yonge St.** (N.W. corner of Yonge and Finch Ave.)

