

# December 2016

## Adult Day Services Program Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 <b>Lorraine's Vegetarian Lunch</b> Sweet Potato and Apple Soup & Grilled Cheese	2 <b>Friday Cooking Club Lunch</b> Israeli Salad, Shakshuka & Carrot Cake	3	
4	5 <b>Rob B's Lunch</b> Mac 'n' Cheese  <b>Monday Night Social</b> Card Night	6 <b>Hamid's Lunch</b> Tuna Omelette & Salad  <b>Trip Around The World:</b> _____ Greece _____	7 <b>Lunch</b> Pizza and Salad  — CHIRS Holiday Party —	8 <b>Lorraine's Vegetarian Lunch</b> Carrot and Chickpea Stew & Buns  Deadline: Pay or make changes to Winter '17	9 <b>Friday Cooking Club Lunch</b> Greek Salad, Moussaka & Nanaimo Bars	10 	
11 	12 <b>Rob B's Lunch</b> Chicken Fricassee, Rice & Salad  <b>Monday Night Social</b> Junk Yard Wars	13 <b>Hamid's Lunch</b> Lentils with Rice & Salad  — Mentor Meeting —	14 <b>Lunch</b> Pizza and Vegetables  — Music Gig —	15 <b>Lorraine's Vegetarian Lunch</b> Mushroom and Barley Soup & Tuna Wrap	16 <b>Friday Cooking Club Lunch</b> Bruschetta, Chicken Piccata & Tiramisu	17	
18	19 <b>Rob B's Lunch</b> Homemade Hamburgers & Fries with Salad  <b>Monday Night Social</b> Holiday Game of Things	20 <b>Hamid's Lunch</b> Vegetarian Omelette & Salad	21 <b>Lunch</b> Pizza and Salad 	22 <b>Lorraine's Vegetarian Lunch</b> Chili & Buns  — Club Holiday Party—	23 <b>Friday Cooking Club Lunch</b> Mashed Potatoes, Holiday Burgers & Pumpkin Pie  End of Fall Programs	24 	
25 	26 <b>Club Closed</b> Holiday	27 <b>Club Closed</b> Holiday	28 <b>HOLIDAY PROGRAMS: SEE FLYER</b> <b>CLUB OPEN FROM 8:30AM TO 4:30PM</b>			30	31 Spanish New Years Dinner and Party in the Club! 4:00pm—7:00pm 

Please Note: All ADS Programs Are For Clients That Are Currently In Service With CHIRS

**Interesting fact of the month!**

“Jingle bells” was composed in 1857, and not for Christmas—it was meant to be a Thanksgiving song

**DECEMBER 2016**  
Adult Day Services



62 Finch Ave. West Toronto Ontario M2N 7G1  
Tel: (416) 240-8000 Fax: (416) 240-1149  
E-Mail: club@chirs.com

**Monday Cooking Club!**

**December 5th**

Kale Salad, Burritos & Apple Enchiladas

**December 12th**

Greek Salad, Cabbage Rolls & Tapioca Pudding

**December 19th**

Mashed Potatoes, Holiday Burgers & White Chocolate Bread

**December 26th**

**CLUB CLOSED**



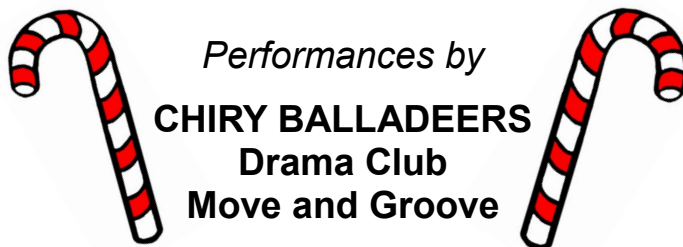
Monday - Friday  
**Lunch: \$4.00**  
**Leftovers: \$2.00**

**CHIRS Holiday Party**

**Wednesday December 7th, 2016**

6:30pm—9:00pm Cost: FREE

At Cummer Avenue United Church  
53 Cummer Avenue (Yonge/Cummer)



Performances by  
**CHIRY BALLADEERS**  
Drama Club  
Move and Groove

RSVP 416 240 8000 Ext. 601 or  
Contact Roy Ext. 271 or Dave Ext. 258 for more  
information!

**Club Holiday Party**

**Thursday December 22nd, 2016**

3:30pm—5:30pm

Join us in the club for some sing along,  
fun activities and a chance to meet Santa!



Contact Dave Ext. 258 for more information!



**MUSIC GIG**

**CHIRY BALLADEERS:**

@ Bendale Acres (2920 Lawrence Ave E.)

Wednesday December 14th, 2016

1:30pm—3:30pm

Contact Munir Ext. 267 or Carmen Ext. 273 for more information!



**Trip Around The World:**



**Tuesday December 6th, 2016**

1:30pm—3:30pm in the Club!

Contact Dave Ext. 258 or Carmen Ext. 273 for  
more information!

**CLUB CLOSED**



**DECEMBER 26th**

**DECEMBER 27th**



**HOLIDAY CRAFT DROP IN**

**Thursday December 8th, 2016**

1:30pm—3:30pm



Contact Rowen Ext. 270 for more information!